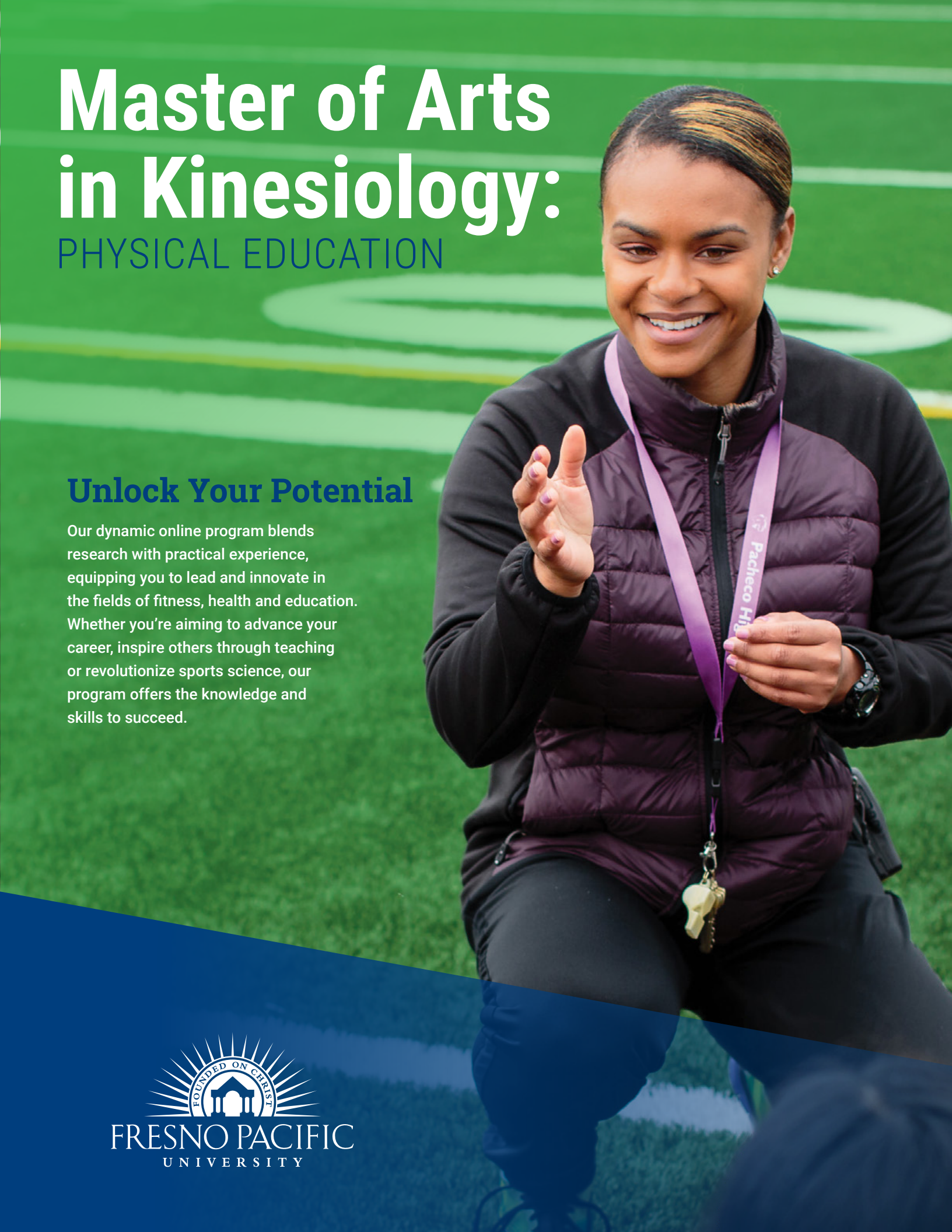
Master of Arts in Kinesiology:

PHYSICAL EDUCATION



Unlock Your Potential

Our dynamic online program blends research with practical experience, equipping you to lead and innovate in the fields of fitness, health and education. Whether you're aiming to advance your career, inspire others through teaching or revolutionize sports science, our program offers the knowledge and skills to succeed.

FRESNO PACIFIC UNIVERSITY



A Master of Arts in

Kinesiology

Physical Education opens a world of opportunities to make a meaningful impact. This degree equips you with the knowledge and skills to inspire active lifestyles, promote public health and excel in a variety of professional settings.

- **Advanced Knowledge:** Gain deeper insights into biomechanics, exercise physiology and advanced teaching methods.
- **Promote Health and Fitness:** Inspire individuals and communities to lead active, healthy lifestyles.
- **Competitive Edge:** Stand out in the job market with specialized knowledge and skills that are highly valued by employers.
- **Diverse Career Opportunities:** Work in schools, sports organizations, community programs and wellness centers.
- **Career Advancement:** Open doors to higher-level roles, salary and leadership positions in health, fitness and education.
- **Skill Development:** Improve communication, critical thinking and problem-solving abilities.
- **Personal Growth:** Develop critical thinking and problem-solving skills through academic training.
- **Impact Public Health:** Make a lasting difference by fostering lifelong healthy habits in communities.



Program Highlights

Unit Count of Program: 36

- **Offered fully online.**
- **Enrolling for fall (August) start.**
- Progress through coursework in a cohort format.
- Study under **experienced and highly rated university faculty**.
- **Analyze ethical and moral situations** that are related to sport, teaching, coaching and administering sport programs using professional values, principles and standards.
- **Apply disciplinary content knowledge and theories** to design and conduct appropriate learning and professional experiences.
- Learn to be an **advocate in kinesiology**.



Elevate Your Game in Physical Education.

Designed for students with backgrounds in physical education and/or coaching who wish to enhance their competencies in teaching, coaching and consulting or program administration, leading to a variety of physical or sport-related careers.

Required Courses (36 units)

Course Prefix	Required Courses	Units
KIN 710	Technology in Kinesiology	3
KIN 720	Psychology of Sport	3
KIN 725	Program Design in Physical Education	3
KIN 730	History and Philosophy in Kinesiology	3
KIN 740	Advanced Methods of Teaching Physical Education	3
KIN 745	Assessment in Physical Education	3
KIN 777A	Issues in Kinesiology	3
KIN 792A	Professional Standards in Physical Education I	3
KIN 792B	Professional Standards in Physical Education II	3
Master of Arts Core (9 Units)		
KIN 715	Legal Aspects of Kinesiology and Sport	3
KIN 771	Research Methods in Kinesiology	3
KIN 779	Values in Kinesiology and Sport	3
KIN 796	Comprehensive Examination	0

The courses listed above provide a sample overview of our program. Please meet with your academic advisor or visit **fpu.edu/catalog** to finalize your course registration and sequence.

Application and Admission Information

To be considered for admission, please submit the following items:

- ☐ **Completed Application for Admission**: **fpu.edu/applygrad**
- ☐ **Official college/university transcript(s)** verifying receipt of a bachelor's degree in kinesiology, physical education or a related area from a regionally accredited institution and any postbaccalaureate work.
  - If you are currently finishing up your degree, please submit current transcript.
  - A final transcript will need to be submitted before you may enroll in classes.
  - Individuals without a bachelor's degree in kinesiology or a related area may satisfy this requirement in one of the following ways:
    - Having a minimum of 12 semester units of prerequisite study in kinesiology, physical education or a related area (not including PE activity units or athletic participation units).
    - Four years of full-time or eight years of part-time physical education teaching and/or coaching experience.*
    - Combination of academic and work experience equivalent to 12 semester units of prerequisite coursework.*
  - Transcripts can be sent electronically by your institution to **trans.evaluator@fresno.edu** or via mail in an envelope sealed by your institution to:

    Fresno Pacific University
    Office of the Registrar
    1717 S. Chestnut Ave.
    Fresno, CA 93702
- ☐ If your cumulative GPA for your bachelor's degree is below a 2.75 (4.0 scale), a letter of explanation is required.
- ☐ **Reference Form** – One reference is required for the Kinesiology: Physical Education program. The reference should attest to your professional qualities and your academic qualifications, noting your ability to complete graduate-level work.
  - After you submit your application, your listed reference will be contacted via email with a link to provide their recommendation.
- ☐ **Statement of Intent** – Provide a written statement explaining your interest in the program, long-term goals and your experience in the field.
- ☐ **International applicants** must submit additional documentation including English Proficiency Score (TOEFL=minimum of 550 PBT or 79 iBT, IELTS=6.5), copy of passport, visa information and a statement of financial support.

*One year of full-time physical education teaching and/or coaching experience = 3 units of prerequisite coursework. One year of part-time physical education teaching and/or coaching experience = 1.5 units of prerequisite coursework.

View our State Professional Licensing and Certificate Disclosure at **fpu.edu/about/disclosure-documents**.

FRESNO PACIFIC
UNIVERSITY

fpu.edu/graduate
fpu.edu/kines

Office of Graduate Studies | Graduate.Studies@fresno.edu | 559-453-3690



6/2026