

Training therapists and providing psychotherapy to students & the public.

our story

Originally called The On-Site Counseling Program, Pacific Counseling Center (PCC) was established in 1994 as a training organization for Marriage and Family Therapy students at Mennonite Brethren Biblical Seminary (now Fresno Pacific Biblical Seminary). Initially, services were primarily offered on-site at contracted locations in Fresno and the surrounding areas. After the seminary merged with Fresno Pacific University in 2010, PCC became the university's official therapy provider.

PCC grew from a small team of clinicians to nearly 65 by 2017, largely through schoolbased services. In 2021, the service model shifted to providing therapy primarily at FPU office locations, while maintaining a few external contracts.

After more than 30 years and training over 420 clinicians, PCC continues to deliver high-quality services to the community.

Are you looking for support? Contact PCC to get started.

# our impact

### TRAINING THERAPISTS

PCC is a highly regarded training agency for masters level therapists.

## SUPPORTING STUDENTS

PCC specializes in psychotherapy with students of all ages, from elementary school age through graduate school. Available services include

- Child, adolescent, individual, couples, & family therapy
- In-person & telehealth services
- English, Spanish, and Hmong languages
- Private pay, insurance, & subsidized rates

### INTEGRATING FAITH

PCC therapists are trained in the integration of faith in therapy. We work with the whole person - body, mind, and spirit.

PCC therapists respect the diversity of our community and welcome clients of all faiths or no faith. PCC does not discriminate based on age, gender, race, religious affiliation, sexual orientation, or disability.

### **EDUCATING THE COMMUNITY**

PCC clinicians are subject matter experts offering workshops and trainings for churches, schools, and community organizations. They support the community through events focused on mental health.

#### SERVING THE CENTRAL VALLEY

PCC is the only counseling agency in southeast Fresno. The main offices are on the campus of Fresno Pacific Biblical Seminary. Ohter locations include:

- FPU main campus
- FPU North Fresno campus
- FPU Visalia campus
- Reedley (MCC Global Center)
- · Contracted schools & sites





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