

**Fresno Pacific University**  
**Drug and Alcohol Abuse and Prevention Program Biennial Review 2021**

This biennial review is Fresno Pacific University's effort related to drug and alcohol abuse and prevention will be divided into the following six sections: 1) descriptions of the Alcohol and Other Drug (AOD) program elements, 2) a statement of AOD program goals and a discussion of goal achievement, 3) summaries of AOD program strengths and weaknesses, 4) procedures for distributing annual AOD notification to students and employees, 5) copies of the policies distributed to students and employees, 6) recommendations for revising AOD programs.

**1. Descriptions of the AOD program elements for 2019-2021:**

- a. Each Fall students are notified via email of FPU's drug and alcohol policies. Students receive an email instructing them to take FPU's "Get Inclusive" online training course. The course instructs students about various policies, protocols, and resources and directs them to the FPU Student Handbook, the FPU webpage, and/or various offices for further information.
- b. Each Fall faculty/staff are notified via email of FPU's drug and alcohol policies. Employees receive an email instructing them to take "FPU's Preventing Discrimination and Sexual Violence, Title IX, VAWA, and Clery Act for Faculty and Staff" online training course. The course instructs employees about various policies, protocols, and resources and directs them to the FPU Student Handbook, the FPU webpage, and/or various offices for further information. This item was completed on September 24<sup>th</sup>, 2019.
- c. The Fresno Pacific Athletics Department implements DAAPP for their student athletes and their staff through explanation and education:
  - i. Explanation of expectations:
    1. Annual student-athlete compliance segment discussing the policy and the sanction for violations.
    2. A copy of the policy is included in the FPU Student-Athlete Handbook, which is available in electronic form through the FPU Athletics website.
    3. Before they are cleared to participate, student-athletes will be asked to sign a form acknowledging receipt of the policy and consent to drug testing.
    4. Student-athletes who do not wish to sign the consent will not be allowed to participate in intercollegiate athletics. This may result in the loss of athletic aid.
    5. Any Student-Athlete found guilty of selling or providing an illegal drug or illegally providing/not controlling alcohol or other drugs to another person may be subject to dismissal from the team and cancellation of athletic aid.
  - ii. Education of student-athletes about drugs and alcohol:
    1. Each Student-Athlete will receive a link to the NCAA banned substance list, Student-Athlete Handbook (which includes the DAAP), and the Compliance Manual as a part of their pre-participation paperwork
    2. Each Student-Athlete will complete educational sessions online annually through Drug Free Sport and My Playbook, coordinated by the Assistant AD for Sports Medicine. These sessions will focus on information

regarding the dangers of using performance-enhancing drugs, illegal drugs, un-prescribed prescriptions, and alcohol.

3. Online educational programs will address the following objectives:
    - a. To distribute information to those associated with the athletics program on how to recognize warning signs and side effects of specific drugs.
    - b. To educate student-athletes about the problems related to drug and alcohol abuse and how those abuses may affect student-athletes and their teammates.
    - c. To facilitate open discussion about the use of drugs and the consumption of alcohol.
    - d. To educate student-athletes on the available venues to receive support and help if needed.
  4. FPU will provide an opportunity for all student-athletes to complete an online educational session.
  5. All staff members, coaches and Sports Medicine Staff will be provided an opportunity to participate in at least one educational session on an annual basis.
  6. Some department of Athletics personnel may attend NCAA drug and alcohol seminars, national/regional clinics, and seminars to participate in drug education training sessions.
- d. New Student Orientation takes place online and covers Title IX and the Community Values and Behavioral Standards (which includes our alcohol and drug policies).
    - i. <https://launch.comevo.com/fresno/1919>
  - e. Intensive English Language Program (IELP)
    - i. International students have a weekly “Announcement and Coffee Time” that includes topics such as “how to survive the university, the city, the state, and the country”. Those topics cover the legal drinking and smoking age and appropriate use and availability.
    - ii. During the Orientation at the beginning of each semester, international students are taught the university’s dry-campus policies (no drinking, smoking or drugs on campus), and that in the United States it is illegal to drink under the age of 21. Residents receive their Housing Assignment email (early June through early August), and among the attachments is a brochure that contains Fresno Pacific’s Community Values and Behavioral Standards (a direct quote from the Student Handbook). On the first Monday evening of the Fall and Spring semesters, all residential students attend an “All Resident Meeting” for their specific living areas where the policies are then readdressed.
  - f. Resident Assistants undergo condensed and thorough training in the month of August, 2 weeks prior to the start of the Fall semester. Among those sessions are a detailed review of the university’s drug and alcohol policies, as well as another session on student staff expectations involving drug and alcohol consumption.
  - g. All Living Area Mod Meetings (1x/semester)
    - i. Assess students afterwards with knowledge of policy
  - h. Bystander Intervention: RA Training and Living Area Meetings/Conversations/Training

- i. All Fresno Pacific University student leaders sign a contract entitled Leadership Behavioral Expectations before beginning their position. Among the points made in the contract is:
  - i. *Alcohol & Marijuana*
    - 1. *I will abstain from alcohol and marijuana consumption at all times.*
      - a. *Alcohol use as a part of a family celebration and/or related to religious observances are exempt from the above statement.*
    - 2. *I will remove myself from any social setting where people are consuming alcohol/marijuana in excess.*
    - 3. *I will remove myself from any social setting where underage consumption of alcohol and/or marijuana is taking place.*
  - ii. *My signature [below] denotes my agreement to abide by the above standards from the date of my signature through my term of service as a Student Leader at Fresno Pacific University. I further understand that violation of the standards noted above may result in suspension from work and possible termination.*
- j. All Traditional Undergraduate students who hold a leadership position go through a training prior to the start of the academic year. These trainings include Fresno Pacific’s policies and procedures which also includes the laws surrounding alcohol and drug usage.
- k. “Under the Influence” (through 3<sup>rd</sup> Millennium Classrooms) and Marijuana 101 are required sanctions for students who violate Fresno Pacific University’s alcohol or marijuana policies. These courses come with a fee that is also paid by the student. Each course has 2 parts: the first section covers the laws surrounding the topic as well as the harms of the abuse of the substance. The second section is completed 30 to 45 days after the completion of the first section and is a review of the topics learned in the section prior.
- l. “Get Inclusive” is a mandatory online training for all FPU students (first -year students, student employees, NCAA athletes, and all other student categories are expected to complete the training). This training is to be completed by all students by the 2<sup>nd</sup> Monday of the semester. This training covers various aspects of Title IX Policies, and the understanding of the harms of alcohol and drug abuse.
- m. Department Collaboration for DAAPP efforts:
  - i. Squawk Box—a notice was put out through the Staff and Faculty e-newsletter requesting submissions from all departments regarding any teaching moments that occur for our students regarding drug and alcohol use.
  - ii. Emails to Faculty—the office of Fresno Pacific’s Provost distributed an email to all Fresno Pacific faculty requesting that any classroom, project or internship content that involved learning about drug and alcohol use be sent to the Office of Student Development.
  - iii. DAAPP Committee—a group of staff, faculty, and students has been assembled to help collaborate, advise, and strategize ways to enhance methods and opportunities for teaching students about drug and alcohol use and abuse.
- n. Concepts of Wellness, a required course of all students, has several components of drug and alcohol education. This course has a large section on drug and alcohol addiction, abuse, triggers, co-dependence, effects on the body, social and behavioral impact, treatment, and prevention.
- o. The Department of Social Work discusses substance abuse in 2 courses: SW 120 and SW 400. Students are also trained in SBIRT substance abuse assessment tool. In addition,

the Social Work program has a Chemical Dependency class offered as an elective: SW 395. Students learn about substance use for themselves but also about how to help others.

- p. The Communications Department discusses substance abuse in their Communication Theory course (Aristotle's second form of friendship was where two persons bonded over their pursuit of hedonistic pleasure, including alcohol and drug use). And in their Communication Internship, students can intern with Family Services with intersects with issues related to drugs and alcohol ([Family Services of Tulare County : What We Do : Overview \(fstc.net\)](#)).
- q. The Adolescent Development course for Psychology majors spends an entire week of content on in the impact of tobacco, vaping and alcohol consumption in teenagers.
- r. Biology 100 covers the effects of drugs during discussions on developmental biology, body systems, neurology, and receptors. And during the discussion on colon cancer and risk factors, the professor covers the effects of alcohol consumption.
- s. The Marriage & Family Therapy program (MFT) incorporates substance use and abuse training in a variety of classes:
  - i. COUN-728 Family Violence (1 unit) -required for all MFT students – Discussions of impact of substance use/abuse on domestic violence incidents
  - ii. COUN-730 Clinical Assessment (3 units) – required for all MFT students – Assessment for drug/alcohol use, interactive effects, and impact on pathology
  - iii. COUN-740 Psychopathology (3 units) – required for all MFT students – DSM-5 categorization of Substance Use Disorders
  - iv. COUN-755 Contemporary Issues (1 unit) – required for all MFT students – Lecture/discussions on impact of substance use/abuse on minority groups, marginalization, and life impact
  - v. COUN-760 Substance Use (1 unit) – required for all MFT students – As the name implies, the whole course is on substance use/abuse
  - vi. COUN-786 Advanced Substance Use Treatment (1 unit) – elective course – Again, as the name implies, the whole course is on substance use/abuse treatment
  - vii. COUN-793A/B Practicum I/II (6 units total) – required of all MFT students – Application of assessment and treatment of substance use/abuse in clinical cases as applicable

- 2. Statement of AOD program goals and a discussion of goal achievement:** The goal of FPU's DAAPP is that students would abstain from drug and alcohol use and not place themselves in situations where drug and alcohol use by others could be putting their health and safety at risk. FPU is a dry campus and has several strict campus policies related to underage drinking and bystanders/bystanding. See below for the statement from the FPU Student Handbook.

*FPU is a Drug/Alcohol/Vapor/Marijuana free environment.*

*a. Illegal Drugs:*

- i. Being in the presence of others using illegal drugs on campus is prohibited.*
- ii. Failure to control the distribution of illegal drugs to others in an environment for which you are responsible is prohibited.*
- iii. Possession or use of illegal drugs and/or the paraphernalia associated with them is prohibited.*



School Year	Alcohol Violations	Drug Violations
2008 – 2009	2	1
2009 – 2010	9	0
2010 – 2011	37	0
2011 – 2012	24	16
2012 – 2013	16	2
2013 – 2014	17	7
2014 – 2015	40	9
2015 – 2016	24	4
2016 – 2017	17	7
2017 – 2018	23	4
2018 – 2019	25	2
2019 – 2020	15	2
2020 – 2021	1	2

**3. Summaries of AOD program strengths and weaknesses:**

**a. Strengths**

- i. The breadth of opportunities for conversation and education increases the impact for engaged learning—more personal
- ii. Fresno Pacific has many opportunities to have meaningful conversations in smaller settings—this allows for deeper content and better connectivity.
- iii. Fresno Pacific is intentional with their conduct support—during the conduct process and afterwards. Focusing on the “restorative” portion of the conduct process rather than the punitive.
  - 1. Alcohol violations are typically handled through a Community Justice Conference: if the student accepts responsibility for their actions, they can be an active part of the solution. This typically leads to better buy in, and better restoration back into the University’s community.

**b. Weaknesses**

- i. Fresno Pacific would benefit from activities and events (both passive and active) that aren’t required for registration or the conduct system.
- ii. Fresno Pacific would benefit from having multiple employees specifically dedicated to the education of students in healthy habits involving drugs and alcohol.
- iii. Would benefit from having intentional conversations in CP 152 with PM and Mentor
- iv. It would be beneficial for FPU staff and faculty to take the same trainings that the students participate in so that we can be more knowledgeable resources.

**4. Procedures for distributing annual AOD notification to students and employees:** Each semester (September), all students and employees will be emailed at their official FPU email a notice regarding FPU’s drug and alcohol policies, a link to the DAAPP review, a link to the DAAPP biennial report, and a link to FPU’s “Protect Your Health” Brochure. Additionally, all new students and employees will receive paper copies of these materials during their orientation. Additionally, the biennial DAAPP review will be posted online on FPU’s “disclosure documents” subpage as will the current description of FPU’s ongoing DAAPP efforts.

**5. Copies of the policies distributed to students and employees:** Copies of FPU's various policies and statement related to drug and alcohol use can be found at the links below.

- a. FPU's Alcohol and Drug Policy: <https://handbook.fresno.edu/undergraduate/health-safety-and-security/alcohol-and-drug-policy>
- b. Student Code of Conduct: <https://handbook.fresno.edu/undergraduate/values-behavioral-standards/value-i-integrity>
- c. Consequences for Student Code of Conduct Violations: <https://handbook.fresno.edu/undergraduate/restorative-discipline-procedure>

**6. Recommendations for revising AOD programs:**

- a. Health and Wellness Programming Initiative: This newly implemented initiative focuses on the proactive programming of holistic health and wellness for Fresno Pacific's Students. This program seeks to collaborate with various departments on campus to increase not only the buy-in of faculty, staff and students, but also the awareness and effectiveness.
  - i. American College Health Association (ACHA) yearly membership—this membership provides numerous resources and access to nation-wide data in other Higher Ed Institutions.
    - 1. National College Health Assessment (NCHA)—this assessment will be distributed to all members of Fresno Pacific's Traditional Undergraduate population. The data acquired will provide FPU with more accurate insight into students' health and habits regarding alcohol, drugs, sex, etc. This assessment and membership will also allow for Fresno Pacific to be compared to other institutions in the nation.
  - ii. Posters and distribution of information and resources during Drug and Alcohol Awareness Week.
- b. DAAPP Review Team to be formed in September of 2021—this committee will meet at least twice a year (once per semester) to review policies and programming and provide ideas to collaboratively build a more holistic plan for the campus. Members of this committee will represent the following departments: Health Services, Athletics, Residence Life, Spiritual Formation, Faculty, Disabilities Accommodations, Academic Support and Student Government.