

**Fresno Pacific University**  
**Drug and Alcohol Abuse and Prevention Program Biennial Review 2017**

This biennial review Fresno Pacific University's effort related to drug and alcohol abuse and prevention will be divided into the following six sections: 1.) descriptions of the Alcohol and Other Drug (AOD) program elements, 2.) a statement of AOD program goals and a discussion of goal achievement, 3.) summaries of AOD program strengths and weaknesses, 4.) procedures for distributing annual AOD notification to students and employees, 5.) copies of the policies distributed to students and employees, 6.) recommendations for revising AOD programs.

**1. Descriptions of the AOD program elements for 2015-2016:**

- a. Each fall students are notified via email of FPU's drug and alcohol policies. Students receive an email instructing them to take FPU's "Student Empower" online training course. The course instructs students about various policies, protocols, and resources and directs them to the FPU Student Handbook, the FPU webpage, and/or various offices for further information.
- b. Each fall faculty/staff are notified via email of FPU's drug and alcohol policies. Employees receive an email instructing them to take "FPU's Preventing Discrimination and Sexual Violence: Title IX, VAWA, and Clery Act for Faculty and Staff" online training course. The course instructs employees about various policies, protocols, and resources and directs them to the FPU Student Handbook, the FPU webpage, and/or various offices for further information.
- c. Included each month in our online health and wellness magazine, Student Health 101, is a page dedicated to drugs and alcohol education. Each issue of this magazine is archived and can be revisited at any time by students, staff, faculty, and parents/supporters. Students are periodically sent links to the site throughout the school year and are encouraged to bookmark it. See link below.  
<http://readsh101.com/fresno.html>
- d. During New Student orientation, students are expected to complete a wellness survey to better meet students' wellness needs.
- e. Concepts of Wellness, a required course of all students, has several components of drug and alcohol education. This course has a large section on drug and alcohol addiction, abuse, triggers, co-dependence, effects on the body, social and behavioral impact, treatment, and prevention.
- f. Student athletes are required to complete the "My Playbook" course <http://myplaybook.drugfreesport.com/>. "My Playbook" is a educational program geared specifically to athletes. It is done in cooperation with the NCAA and administered via the University of North Carolina Greensboro. Additional information on this program is available at: <http://preventionstrategies.com/myplaybook-collegiate-program/>
- g. Fall term included an information table which provided the following information:
  - i. Drinking, Drugs, and Driving 8 Things Everyone Should Know (Be safe on the road)
  - ii. Alcohol Poisoning Warning Signs and What to Do (Save a life)
  - iii. 50 Things You Should Know About Binge Drinking and Alcohol Poisoning (Alcohol and your health)
  - iv. The Dangers of Prescription Drug Abuse (Protect your health)
  - v. The Dangers of Over-the-Counter Drug Abuse (Protect your health)
  - vi. 10 Tips for Preventing Drug Use (Communication tips)

- h. During the Drug and Alcohol awareness week, students were encouraged to sign the pledge to be drug and alcohol free to receive an “I Choose to be Drug Free” wrist band.
- i. Mothers against Drunk Driving (MADD) came to campus and also had an information booth emphasizing the dangers and repercussions of driving impaired.
- j. MADD also provided impaired driving goggles which simulated what it feels like to drive while under the influence. Students experienced this effect by not only wearing the goggles, but driving a golf cart and undergoing field sobriety tests under the supervision of a Campus Safety officer.
- k. Various posters were strategically posted throughout campus not only promoting awareness week, but with helpful facts about the dangers of drugs and/or alcohol. Examples include:
  - i. Drinking too much too fast can kill you!
  - ii. Alcohol poisoning is a medical emergency. Call 911
  - iii. The estimated cost of drug abuse exceeds \$190 billion annually.
  - iv. 5,000 young people under the age of 21 die as a result of underage drinking.

**Descriptions of the AOD program elements for 2016-17**

- a. Each fall students are notified via email of FPU’s drug and alcohol policies. Students receive an email instructing them to take FPU’s Student Empower online training course. The course instructs students about various policies, protocols, and resources and directs them to the FPU Student Handbook, the FPU webpage, and/or various offices for further information.
- b. Each fall faculty/staff are notified via email of FPU’s drug and alcohol policies. Employees receive an email instructing them to take “FPU’s Preventing Discrimination and Sexual Violence: Title IX, VAWA, and Clery Act for Faculty and Staff” online training course. The course instructs employees about various policies, protocols, and resources and directs them to the FPU Student Handbook, the FPU webpage, and/or various offices for further information.
- c. Included each month in our online health and wellness magazine, Student Health 101, is a page dedicated to drugs and alcohol education. Each issue of this magazine is archived and can be revisited at any time by students, staff, faculty, and parents/supporters. Students are periodically sent links to the site throughout the school year and are encouraged to bookmark it. See link below.  
<http://readsh101.com/fresno.html>
- d. New students and all residential students were given a copy of FPU’s “Protect Your Health” pamphlet. It covers, binge drinking, alcohol poisoning, alcohol and drug abuse, drunk driving, and prescription drug abuse. An electronic copy is on the FPU webpage and can be found on the “Student Life” page under “Health Services.”  
<https://www.fresno.edu/drug-and-alcohol-brochure>
- e. During New Student orientation, students are expected to complete a wellness survey to better meet students’ wellness needs.
- f. Concepts of Wellness, a required course of all students, has several components of drug and alcohol education. This course has a large section on drug and alcohol addiction, abuse, triggers, co-dependence, effects on the body, social and behavioral impact, treatment, and prevention.
- g. Student athletes are required to complete the “My Playbook” course  
<http://myplaybook.drugfreesport.com/>. “My Playbook” is a educational program geared

specifically to athletes. It is done in cooperation with the NCAA and administered via the University of North Carolina Greensboro. Additional information on this program is available at: <http://preventionstrategies.com/myplaybook-collegiate-program/>

- h. Spring term included an awareness week and information tables which provided the following information:
  - i. Alcohol Poisoning – Warning Signs and What to Do
  - ii. Binge Drinking and Alcohol Poisoning - 50 Things You Should Know
  - iii. Dangers of Prescription Drug Abuse
  - iv. Dangers of Over-the-Counter Drug Abuse
  - v. Drinking, Drugs and Driving 8 Things Everyone Should Know
- i. During the Drug and Alcohol awareness week, students were encouraged to sign the pledge to be drug and alcohol free to receive an “I Choose to be Drug Free” wrist band.

- 2. Statement of AOD program goals and a discussion of goal achievement:** The goal of FPU’s DAAPP is that students would abstain from drug and alcohol use and not place themselves in situations where drug and alcohol use by others could be putting their health and safety at risk. FPU is a dry campus and has several strict campus policies related to underage drinking and bystanders/bystanding. See below for the statement from the FPU Student Handbook.

*FPU is a Drug/Alcohol free environment.*

- a. *Illegal Drugs:*
  - i. *Being in the presence of others using illegal drugs on campus is prohibited.*
  - ii. *Possession or use of illegal drugs and/or the paraphernalia associated with them is prohibited.*
  - iii. *Providing illegal drugs to others and/or the paraphernalia associated with them is prohibited.*
- b. *Alcohol (regardless of age):*
  - i. *Possession of empty alcohol containers on campus is prohibited.*
  - ii. *Being in the presence of others consuming alcohol on campus is prohibited.*
  - iii. *Possession, use or being under the influence of alcohol is prohibited on campus.*
  - iv. *Because of significant health and safety reasons, excessive consumption of alcohol is prohibited on or off campus.*
  - v. *FPU reserves the right to notify parents/legal guardians in the event of alcohol or drug violations*
- c. *Alcohol and Minors (under 21 years of age):*
  - i. *The consumption of alcohol by minors is prohibited at all times, on or off campus.*
  - ii. *It is prohibited for students to assist with or be complicit in the consumption of alcohol by minors.*
    - 1. *Being present at an event where the consumption of alcohol by a minor is taking place is prohibited.*
    - 2. *The following are prohibited: Behaviors that include but are not limited to providing/purchasing alcohol for underage students, hosting underage students under the influence of alcohol, and/or acts of premeditated assistance to underage students consuming alcohol.*
    - 3. *Failure to control the distribution of alcohol to underage students in an environment for which you are responsible is prohibited.*

The two most recent years of data show declining totals for drug and alcohol violations. During this time, enrollment at FPU has remained flat or increased slightly. Subsequently, the policies and increased number of prevention efforts over the past two years would seem to be effective in reducing violations related to drug and alcohol use/abuse. See chart below:

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| School Year | Alcohol Violations | Drug Violations |
|-------------|--------------------|-----------------|
|-------------|--------------------|-----------------|

|         |    |    |
|---------|----|----|
| 2008-09 | 2  | 1  |
| 2009-10 | 9  | 0  |
| 2010-11 | 37 | 0  |
| 2011-12 | 24 | 16 |
| 2012-13 | 16 | 2  |
| 2013-14 | 17 | 7  |
| 2014-15 | 40 | 9  |
| 2015-16 | 24 | 4  |
| 2016-17 | 17 | 7  |

- 3. Summaries of AOD program strengths and weaknesses:** Strengths for the DAAPP would be as follows. FPU’s DAAPP target two potentially problematic populations. Freshman and athletes have tended to dominate in terms of drug and alcohol violations. By targeting initiatives towards these two populations, the over-all number of drug and alcohol violations by these populations have diminished. A notable weakness exists in influencing the behavior of upper classmen who live off campus. Such students are of legal drinking age and are not subject to the dry campus restrictions since they are living off campus. Such students tend to want to host events that include alcohol. FPU has made overt efforts to remind underage students that if they are underage and drink off campus, it is still a policy violation. Each year’s DAAPP has had components related to driving under the influence and then need for designated drivers. This has been done to help students make better choices about drinking and driving. Additionally, in the online training course used by FPU to address matters of discrimination, harassment, and sexual violence, (students are required to complete this online training course each year) students encounter substantial information about the adverse effects of drugs and alcohol when it comes to decision making.
- 4. Procedures for distributing annual AOD notification to students and employees:** Each semester, all students and employees will be emailed at their official FPU email a notice regarding FPU’s drug and alcohol policies, a link to the DAAPP review, a link to the DAAPP biennial report, and a link to FPU’s “Protect Your Health” Brochure. Additionally, all new students and employees will receive paper copies of these materials during their orientation. Additionally, the biennial DAAPP review will be posted online on FPU’s “disclosure documents” subpage as will the current description of FPU’s ongoing DAAPP efforts.
- 5. Copies of the policies distributed to students and employees:** Copies of FPU’s various policies and statement related to drug and alcohol use can be found at the links below.

FPU’s Alcohol and Drug Policy: <http://handbook.fresno.edu/health-safety-and-security/alcohol-and-drug-policy/>

Student Code of Conduct: <http://handbook.fresno.edu/values-and-behavioral-standards/value-i-integrity/>

Consequences for Student Code of Conduct violations: <http://handbook.fresno.edu/restorative-discipline-procedure/levels-of-misconduct/>
- 6. Recommendations for revising AOD programs:** Because of the strong preference students and staff have for electronic communication over paper communication, websites, online magazines, and online brochures will continue to be the primary way in which information is communicated to employees and students. This communication modality has the added benefit of being highly

cost effective and in essence allows FPU to communicate more frequently in increasingly sophisticated ways at lower costs. This is important to a small school with limited resources. At the same time, FPU will need to be mindful of the communal and relational nature of students. Students will always want to spend time socializing together. As students spend time together, they are hesitant to be critical or corrective of one another's behavior. In settings where students congregate, it subsequently only takes the behavior of a few students to turn a good event unhealthy or a safe event into one with substantial risks. Going forward FPU will continue to talk to students about making good decisions related to their health and safety and encourage, promote, and provide drug and alcohol free events that are attractive to students.