

Autumn Lindberg

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Licensed Marriage and Family Therapist
California, MFC # 46951

CURRENT POSITIONS

Private Practice, Visalia, CA 08/2016 – Currently
Psychotherapy for individuals, children and families

Fresno Pacific University; Biblical Seminary, Visalia, CA
Program Director; Adjunct Faculty; Clinical Supervisor
Department of Marriage and Family Therapy 08/2012 – Currently

EDUCATION

Northcentral University, Phoenix, AZ *Doctoral Candidate (ABD)*
Doctor of Philosophy in Marriage and Family Therapy
Research focus: Adopting resilience: Parental narratives that help secure adoption
permanence

Specialized doctoral training (3 units each) in Play Therapy; Families, Health and Illness;
Dynamics of family interaction; Death, dying and bereavement; & Parenting strategies

California Institute of Integral Studies, San Francisco, CA 08/2002 – 08/2005
Master of Arts in Integral Counseling

Sonoma State University, Rohnert Park, CA 01/1999 – 05/2002
Bachelor of Arts in Psychology

ACADEMIC APPOINTMENTS

Fresno Pacific University; Biblical Seminary, Visalia, CA 08/2012 – Currently
Program Director in Visalia; Adjunct Faculty
Advise and mentor graduate students, conduct original research with student research teams,
develop courses, assess program quality, manage student retention outcomes, participate in
program development and university governance. Graduate courses: Introduction to Counseling,
Mentoring and Connecting, Counseling, Child Counseling Lab, Individuals and Couples Post
Modern Theories Lab, Grief Counseling, Practicum I & II, Aging and Long-Term Care, Advanced
Topics in Supervision (CEU).

CLINICAL POSITIONS

Hinds Hospice 01/2016 – 03/2016
Pediatric Bereavement Counselor; Center for Grief & Healing
Provided diagnostic assessment and psychotherapy to individuals, families, teens and children
who were experiencing bereavement and complicated grief. Developed multidisciplinary
collaboration strategies to align with the Joint Commission on Accreditation of Healthcare
Organizations which provided national oversight on patient safety. Provided bereavement
consultation for a multidisciplinary, pediatric hospice treatment team.

Turning Point of Central California 09/2006 – 05/2012
Program Director for the Rural Mental Health Clinics (Reedley, Sanger, Pinedale)
Utilization Review Specialist III

Therapist (Children and Transition Age Youth)

Developed and implemented training curriculum for case management staff, clinicians and supervisors related to clinical diagnosis, behavior management, crisis interventions, treatment collaboration and documentation. Supervised utilization review staff to maintain compliance standards; designed and implemented successful performance improvement projects which met contracted outcome measures. Developed, implemented and managed policy and procedures for all aspects of the Rural Mental Health Clinics; billing, bookkeeping, clinical services, managed care requirements and Medi-Cal compliance standards, budget and contract requirements etc. Clinically and administratively supervised a team of medical, clinical, clerical staff and student trainees/interns (AA, BA, MA and PhD level) serving an active caseload of over four hundred (400) Severely Mentally Ill clients from three (3) clinics within Fresno County. Created unified, multi-site programs that fostered the development of empathically engaged, culturally competent, trauma informed direct service staff.

Lomi Counseling Clinic

08/2004 – 08/2005

Marriage and Family Therapy intern # 49129

Provided psychotherapy to individuals, couples, and children.

Victor and Willow Creek Treatment Centers

08/2003 – 09/2006

Clinician, 2005- 2006

Residential Counselor (SED Adolescents), 2003-2005

Provided individual, family and group therapy to severely emotionally disturbed youth and their families. Served as networker and liaison between a variety of business partners including county mental health, child protective services, law-enforcement agents, housing placement personnel, education specialists, speech therapists, medical teams and lawyers. Provided psycho-education regarding diagnosis, behaviors and treatment planning needs of specialized client populations and their families. Advocated for clients with emphasis on sensitivity toward ethnic, socio-economic and cultural needs. Developed and implemented clinical treatment plans, case management, crisis intervention, discharge planning, and assessments daily, monthly and quarterly.

HONORS & AWARDS

Delta Kappa National Honors Society

01/2016 – Currently

Psi Chi National Honors Society

01/2000 – 05/2002

PROFESSIONAL MEMBERSHIPS

American Association for Marriage and Family Therapists (AAMFT)

01/2006 – Currently

Turning Point of Central California Board of Directors: *Board Member*

01/2017 – Currently

Turning Point Foundation Board of Directors: *Treasurer*

01/2017 – Currently

Hands in the Community Board of Directors: *Board Member*

01/ 2014 – 01/2015

California Association for Marriage and Family Therapists (CAMFT)

01/2005 – Currently

CLINICAL TRAINING

AEDPfC 3-day Certification- San Francisco, 2018

AAMFT Approved Supervisor - Visalia, 2019

Applied Suicide Intervention Skills Training (ASIST); Suicide Prevention Task Force, Visalia 2016

Suicide Bereavement Clinician Training; American Association of Suicidology, Fresno 2016

Clinical Supervision; A Competency-based Approach, Online 2015

DSM-5, Online 2015

California Law & Ethics, Online 2015

Supervision for Mental Health Professionals, Online 2014

Addiction and Grace, Online 2014

Law and Ethics, Online 2014

Advanced Topics in Supervision, Fresno 2013

CAPS International Conference, Portland 2013

Foster Adoption Training Series & Home Study; Families First, Fresno 2011

Recovery Oriented Immersion Training, Sacramento 2011

Screening, Brief Intervention, and Referral to Treatment (SBIRT), Stockton 2011

Motivational Interviewing (MI), Stockton 2011

Clinical Supervision, Parts I, II & III, Fresno 2011

Credentialed Provider for Fresno County Department of Behavioral Health 2009-2012

Financial Management Requirements for Head Start Programs, WIPFLI 2009

MHA Village Immersion Training, Long Beach 2009

ProAct Certified Trainer, San Rafael 2008

SPEAKING ENGAGEMENTS

Breaking the Silence: Mental Health and the Church, Plenary Speaker, Fresno 2016

Orphan Care Summit, Expert Panel Participant, Fresno 2019