

# Autumn Lindberg, Ph.D.

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Licensed Marriage and Family Therapist  
California, MFC # 46951

## CURRENT POSITIONS

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- Private Practice**, Visalia, CA 08/2016 – Currently  
Psychotherapy for individuals, children and families
- Fresno Pacific University; Biblical Seminary**, Visalia, CA  
*Program Director; Adjunct Faculty; Clinical Supervisor*  
Department of Marriage and Family Therapy 08/2012 – Currently

## EDUCATION

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- Northcentral University**, Phoenix, AZ 07/2015 – 06/2019  
*Doctor of Philosophy in Marriage and Family Therapy*  
Research focus: Adopting resilience: Parental narratives that help secure adoption permanence  
Specialized doctoral training (3 units each) in Play Therapy; Families, Health and Illness;  
Dynamics of Family Interaction; Death, Dying and Bereavement; Parenting Strategies
- California Institute of Integral Studies**, San Francisco, CA 08/2002 – 08/2005  
*Master of Arts in Integral Counseling*
- Sonoma State University**, Rohnert Park, CA 01/1999 – 05/2002  
*Bachelor of Arts in Psychology*

## ACADEMIC APPOINTMENTS

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- Fresno Pacific University; Biblical Seminary**, Fresno, CA  
*MFT Program Director in Visalia* 08/2012 – 07/2019  
*Adjunct Faculty* 08/2012 – Currently  
Advising and mentoring graduate students, conducting original research with student research teams, developing courses, assessing program quality, managing student retention outcomes, participating in program development, assisting in re-accreditation and university governance. Graduate courses designed and taught: Introduction to Counseling; Mentoring and Connecting; Child Counseling Lab; Individuals and Couples Post Modern Theories Lab; Grief Counseling; Summer Practicum; Practicum I & II; Aging and Long-Term Care; Group Counseling; Advanced Topics in Supervision (CEU).

## CLINICAL & ADMINISTRATIVE POSITIONS

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- Turning Point of Central California** 06/2019 – Currently  
*Director of Business Development*  
Facilitating positive working relations with funding service agencies and community partners. Initiating multidisciplinary project management to submit proposals/grants by established timeframes. Working independently and with others to respond to requests for proposals and designing/describing sustainable programs to meet required specifications and outcomes.
- Hinds Hospice** 01/2016 – 03/2016  
*Pediatric Bereavement Counselor; Center for Grief & Healing*  
Provided diagnostic assessment and psychotherapy to individuals, families, teens and children who were experiencing bereavement and complicated grief. Developed multidisciplinary

collaboration strategies to align with the Joint Commission on Accreditation of Healthcare Organizations which provided national oversight on patient safety. Provided bereavement consultation for a multidisciplinary, pediatric hospice treatment team.

**Turning Point of Central California** 09/2006 – 05/2012

*Program Director for the Rural Mental Health Clinics (Reedley, Sanger, Pinedale)*

*Utilization Review Specialist III*

Developed and implemented training curriculum for case management staff, clinicians and supervisors related to clinical diagnosis, behavior management, crisis interventions, treatment collaboration and documentation. Supervised utilization review staff to maintain compliance standards; designed and implemented successful performance improvement projects which met contracted outcome measures. Developed, implemented and managed policy and procedures for all aspects of the Rural Mental Health Clinics; billing, bookkeeping, clinical services, managed care requirements and Medi-Cal compliance standards, budget and contract requirements etc. Clinically and administratively supervised a team of medical, clinical, clerical staff and student trainees/interns (AA, BA, MA and doctoral level) serving an active caseload of over four hundred (400) Severely Mentally Ill clients from three (3) clinics within Fresno County. Created unified, multi-site programs that fostered the development of empathically engaged, culturally competent, trauma informed direct service staff.

**Lomi Counseling Clinic** 08/2004 – 08/2005

Marriage and Family Therapy intern # 49129

Provided psychotherapy to individuals, couples, and children in a low-cost community clinic.

**Victor and Willow Creek Treatment Centers** 08/2003 – 09/2006

*Clinician, 2005- 2006*

*Residential Counselor (SED Adolescents), 2003-2005*

Provided individual, family and group therapy to severely emotionally disturbed youth and their families. Served as networker and liaison between a variety of business partners including county mental health, child protective services, law-enforcement agents, housing placement personnel, education specialists, speech therapists, medical teams and lawyers. Provided psycho-education regarding diagnosis, behaviors and treatment planning needs of specialized client populations and their families. Advocated for clients with emphasis on sensitivity toward ethnic, socio-economic and cultural needs. Developed and implemented clinical treatment plans, case management, crisis intervention, discharge planning, and assessments daily, monthly and quarterly.

HONORS & AWARDS

American Association for Marriage and Family Therapy (AAMFT) 01/2019 – Currently  
*Approved Supervisor*

Delta Kappa National Honors Society 01/2016 – Currently

Psi Chi National Honors Society 01/2000 – 05/2002

PROFESSIONAL MEMBERSHIPS

American Association for Marriage and Family Therapists (AAMFT): 01/2016 – Currently  
*Clinical Member*

Turning Point of Central California Board of Directors: 01/2017 – 06/2019  
*Vice President*

Turning Point Foundation Board of Directors: 01/2017 – 06/2019  
*Board Member*

Hands in the Community Board of Directors: 01/2014 – 01/2015  
*Board Member*

CLINICAL TRAINING

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**Accelerated Experiential Dynamic Psychotherapy for Couples (AEDPfc) 3-day Certification-**  
San Francisco, 2018

**AAMFT Approved Supervisor Training-** Visalia, 2019

**Applied Suicide Intervention Skills Training (ASIST);** Suicide Prevention Task Force, Visalia 2016

**Suicide Bereavement Clinician Training;** American Association of Suicidology, Fresno 2016

**Clinical Supervision; A Competency-based Approach,** Online 2015

**DSM-5,** Online 2015

**California Law & Ethics,** Online 2015

**Supervision for Mental Health Professionals,** Online 2014

**Addiction and Grace,** Online 2014

**Law and Ethics,** Online 2014

**Advanced Topics in Supervision,** Fresno 2013

**CAPS International Conference,** Portland 2013

**Foster Adoption Training Series & Home Study;** Families First, Fresno 2011

**Recovery Oriented Immersion Training,** Sacramento 2011

**Screening, Brief Intervention, and Referral to Treatment (SBIRT),** Stockton 2011

**Motivational Interviewing (MI),** Stockton 2011

**Clinical Supervision, Parts I, II & III,** Fresno 2011

**Credentialed Provider for Fresno County Department of Behavioral Health 2009-2012**

**Financial Management Requirements for Head Start Programs,** WIPFLI 2009

**MHA Village Immersion Training,** Long Beach 2009

**ProAct Certified Trainer,** San Rafael 2008

SPEAKING ENGAGEMENTS

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**Visalia Chamber of Commerce: Annual Impact Leadership Conference, Workshop: Emotional Intelligence,** Visalia, 2020

**Impact Couples Retreat 2020: Relentless,** San Luis Obispo, 2020

**Orphan Care Summit, Workshop: Parental Resilience,** Fresno 2019, 2020

**You & Me Marriage Conference: Anatomy of a Storm, Keynote Speaker,** San Luis Obispo 2019

**CAMFT Central San Joaquin Valley Chapter CE Workshop: Anatomy of a Storm, Key Note Speaker,** Visalia 2019

**Orphan Care Summit, Expert Panel Participant,** Fresno 2019

**Breaking the Silence: Mental Health and the Church, Plenary Speaker,** Fresno 2016