

Fresno Pacific University
Drug and Alcohol Abuse and Prevention Program Biennial Review 2019

This biennial review is Fresno Pacific University's effort related to drug and alcohol abuse and prevention will be divided into the following six sections: 1) descriptions of the Alcohol and Other Drug (AOD) program elements, 2) a statement of AOD program goals and a discussion of goal achievement, 3) summaries of AOD program strengths and weaknesses, 4) procedures for distributing annual AOD notification to students and employees, 5) copies of the policies distributed to students and employees, 6) recommendations for revising AOD programs.

1. Descriptions of the AOD program elements for 2017-2019:

- a. Each Fall students are notified via email of FPU's drug and alcohol policies. Students receive an email instructing them to take FPU's "Get Inclusive" online training course. The course instructs students about various policies, protocols, and resources and directs them to the FPU Student Handbook, the FPU webpage, and/or various offices for further information.
- b. Each Fall faculty/staff are notified via email of FPU's drug and alcohol policies. Employees receive an email instructing them to take "FPU's Preventing Discrimination and Sexual Violence, Title IX, VAWA, and Clery Act for Faculty and Staff" online training course. The course instructs employees about various policies, protocols, and resources and directs them to the FPU Student Handbook, the FPU webpage, and/or various offices for further information. This item was completed on September 24th, 2019.
- c. Included each month in our online health and wellness magazine, Student Health 101, is a page dedicated to drugs and alcohol education. Each issue of this magazine is archived and can be revisited at any time by students, staff, faculty, and parents/supporters. Students are periodically sent links to the site throughout the school year and are encouraged to bookmark it. (<http://readsh101.com/fresno.html>)
- d. During New Student Orientation, students attend various meetings throughout the day, targeted to specific audiences (commuters, residents, and transfers) that cover Title IX and the Community Values and Behavioral Standards (which includes our alcohol and drug policies).
- e. Residents receive their Housing Mailing in late July/early August, and among the pamphlets is a brochure that contains Fresno Pacific's Community Values and Behavioral Standards (a direct quote from the Student Handbook). On the first Monday evening of the Fall and Spring semesters, all residential students attend an "All Resident Meeting" for their specific living areas where the policies are then readdressed.
- f. Concepts of Wellness, a required course of all students, has several components of drug and alcohol education. This course has a large section on drug and alcohol addiction, abuse, triggers, co-dependence, effects on the body, social and behavioral impact, treatment, and prevention.
- g. The Health Center has clips from College Health TV (www.collegehealthtv.com) constantly streaming in the waiting room. The many topics that are covered are: drugs, alcohol, smoking, vaping, mental health, dating, consent, STIs, etc.
- h. All Fresno Pacific University student leaders sign a contract entitled Leadership Behavioral Expectations before beginning their position. Among the points made in the contract is:
 - i. *Alcohol & Marijuana*
 1. *I will abstain from alcohol and marijuana consumption at all times.*

- a. *Alcohol use as a part of a family celebration and/or related to religious observances are exempt from the above statement.*
 - 2. *I will remove myself from any social setting where people are consuming alcohol/marijuana in excess.*
 - 3. *I will remove myself from any social setting where underage consumption of alcohol and/or marijuana is taking place.*
- ii. *My signature [below] denotes my agreement to abide by the above standards from the date of my signature through my term of service as a Student Leader at Fresno Pacific University. I further understand that violation of the standards noted above may result in suspension from work and possible termination.*
- i. Student Activities hosted a passive event for all students, staff and faculty to educate themselves on Fresno Pacific University's policies surrounding alcohol and drugs, as well as what quantities of alcohol constitutes "drinking in moderation" (outlining that different types of alcohol have different serving sizes, and different body types metabolize alcohol uniquely).
- j. All Traditional Undergraduate students who hold a leadership position go through a training prior to the start of the academic year. These trainings include Fresno Pacific's policies and procedures which also includes the laws surrounding alcohol and drug usage.
- k. Alcohol Edu and Marijuana 101 are required sanctions for students who break Fresno Pacific University's alcohol or marijuana policies. These courses come with a fee that is also paid by the student. Each course has 2 parts: the first section covers the laws surrounding the topic as well as the harms of the abuse of the substance. The second section is completed 30 to 45 days after the completion of the first section, and is a review of the topics learned in the section prior.
- l. "Get Inclusive" is a mandatory online training for all FPU students (first -year students, student employees, NCAA athletes, and all other student categories are expected to complete the training). This training is to be completed by all students by the 2nd Monday of the semester. This training covers various aspects of Title IX Policies, and the understanding of the harms of alcohol and drug abuse.

2. Statement of AOD program goals and a discussion of goal achievement: The goal of FPU's DAAPP is that students would abstain from drug and alcohol use and not place themselves in situations where drug and alcohol use by others could be putting their health and safety at risk. FPU is a dry campus and has several strict campus policies related to underage drinking and bystanders/bystanding. See below for the statement from the FPU Student Handbook.

FPU is a Drug/Alcohol/Vapor/Marijuana free environment.

- a. *Illegal Drugs:*
 - i. *Being in the presence of others using illegal drugs on campus is prohibited.*
 - ii. *Failure to control the distribution of illegal drugs to others in an environment for which you are responsible is prohibited.*
 - iii. *Possession or use of illegal drugs and/or the paraphernalia associated with them is prohibited.*
 - iv. *Providing illegal drugs to others and/or the paraphernalia associated with them is prohibited.*
- b. *Alcohol (regardless of age):*

- i. *Possession of empty alcohol containers on campus is prohibited.*
 - ii. *Being in the presence of others consuming alcohol on campus is prohibited.*
 - iii. *Providing a location for others to consume alcohol on campus is prohibited.*
 - iv. *Failure to control the distribution of alcohol to others in an environment on campus for which you are responsible is prohibited.*
 - v. *Possession, use or being under the influence of alcohol is prohibited on campus and at FPU sponsored events.*
 - vi. *Because of significant health and safety reasons, excessive consumption of alcohol is prohibited on or off campus.*
 - vii. *FPU reserves the right to notify parents/legal guardians in the event of alcohol or drug violations.*
- c. *Marijuana (regardless of age):*
- i. *The NCAA lists marijuana as a performance enhancing drug and as such its use is considered an eligibility violation. Please see the FPU Athletic Department’s Drug and Alcohol Abuse Prevention Program for more information.*
 - ii. *FPU reserves the right to notify parents/legal guardians in the event of alcohol or drug violations.*
 - iii. *Because of significant health and safety reasons, excessive use of marijuana is prohibited at all times.*
 - iv. *Possession, use or being under the influence of marijuana is prohibited on campus and at FPU sponsored events is prohibited.*
 - v. *Failure to control the distribution of marijuana to others in an environment on campus for which you are responsible is prohibited.*
 - vi. *Providing a location for others to use marijuana on campus is prohibited.*
 - vii. *Possession of marijuana paraphernalia on campus is prohibited.*
- d. *Alcohol and Marijuana and Minors (under 21 years of age). To the extent that the restrictions noted below are more restrictive than elsewhere in the policy, these restrictions shall apply:*
- i. *It is prohibited for any student to assist with or be complicit in the consumption and/or use of alcohol and/or use of marijuana by minors.*
 - 1. *Being present at an event where the consumption and/or use of alcohol and/or use of marijuana by a minor is taking place is prohibited.*
 - 2. *The following are prohibited: Behaviors that include but are not limited to providing/purchasing alcohol or marijuana for underage students, hosting underage students under the influence of alcohol or marijuana, and/or acts of premeditated assistance to underage students consuming and/or use of alcohol and/or use of marijuana.*
 - 3. *Failure to control the distribution of alcohol and/or marijuana to underage students in an environment for which you are responsible is prohibited.*
 - ii. *The consumption and/or use of alcohol and/or use of marijuana by minors is prohibited at all times, on or off campus.*
- e. *Use of tobacco products is prohibited on campus.*
- i. *Use of tobacco or tobacco products including but not limited to items such as cigarettes, e-cigarettes, chewing tobacco, hookah and the paraphernalia associated with them is prohibited on campus. The use of tobacco is only permitted in university designated smoking areas.*

School Year	Alcohol Violations	Drug Violations
2008 – 2009	2	1

2009 – 2010	9	0
2010 – 2011	37	0
2011 – 2012	24	16
2012 – 2013	16	2
2013 – 2014	17	7
2014 – 2015	40	9
2015 – 2016	24	4
2016 – 2017	17	7
2017 – 2018	23	4
2018 – 2019	25	2

- 3. Summaries of AOD program strengths and weaknesses:** (collaborate with Dale and Pam)
- 4. Procedures for distributing annual AOD notification to students and employees:** Each semester (September), all students and employees will be emailed at their official FPU email a notice regarding FPU’s drug and alcohol policies, a link to the DAAPP review, a link to the DAAPP biennial report, and a link to FPU’s “Protect Your Health” Brochure. Additionally, all new students and employees will receive paper copies of these materials during their orientation. Additionally, the biennial DAAPP review will be posted online on FPU’s “disclosure documents” subpage as will the current description of FPU’s ongoing DAAPP efforts.
- 5. Copies of the policies distributed to students and employees:** Copies of FPU’s various policies and statement related to drug and alcohol use can be found at the links below.
 - a. FPU’s Alcohol and Drug Policy: <https://handbook.fresno.edu/undergraduate/health-safety-and-security/alcohol-and-drug-policy>
 - b. Student Code of Conduct: <https://handbook.fresno.edu/undergraduate/values-behavioral-standards/value-i-integrity>
 - c. Consequences for Student Code of Conduct Violations: <https://handbook.fresno.edu/undergraduate/restorative-discipline-procedure>
- 6. Recommendations for revising AOD programs:**
 - a. Health and Wellness Programming Initiative: This newly implemented initiative focuses on the proactive programming of holistic health and wellness for Fresno Pacific’s Students. This program seeks to collaborate with various departments on campus to increase not only the buy-in of faculty, staff and students, but also the awareness and effectiveness.
 - i. American College Health Association (ACHA) yearly membership—this membership provides numerous resources and access to nation-wide data in other Higher Ed Institutions.
 - 1. National College Health Assessment (NCHA)—this assessment will be distributed to all members of Fresno Pacific’s Traditional Undergraduate population. The data acquired will provide FPU with more accurate insight into students’ health and habits regarding alcohol, drugs, sex, etc. This assessment and membership will also allow for Fresno Pacific to be compared to other institutions in the nation.

